



Whangarei Heads SLSP guards on patrol, Ocean Beach, Whangarei.



# SPEND SUMMER AT THE BEACH !

Are you one of those people that like to  
do something a little bit different with  
your time?

Community minded?

**SURF LIFE SAVING**



Whangarei's Surf Patrols are actively recruiting for the upcoming season, 14 yrs upwards, (adult members especially welcome), good swimmers, partial to getting wet and not afraid of a bit of exercise. We offer you a really different way to spend your time. Excellent company, skills courses and CV enhancers, plus you get to do something just that little bit out of the ordinary, while giving something back to the community.

For further details, contact the counter at Ted Elliot Aquatic Centre ph 094387957

Whangarei Heads Patrol ph 094340023, Ruakaka patrol ph 094328256, Waipu Patrol ph 092788616

## INTRODUCTION FOR NEW, OR INTENDING, MEMBERS.

### Surf Lifesaving in NZ.

Very briefly, Surf Lifesaving as an organization in NZ, is broken up into North, central East and West, and Southern Districts, all governed by a parent body, called Surf Lifesaving NZ.

The Northern District ( Surf Lifesaving Northern Region) which administers our area and is based in Auckland, is made up of 13 different clubs, based on the West coast (including Piha, Kariotahi, Muriwai and others) and on the East Coast (in our area we are directly concerned with Whangarei Heads, Ruakaka, Waipu, and Mangawhai Heads), there are other clubs as far South as Raglan and Port Waikato on the West coast in our Northern Region. We are answerable immediately to SLSNR, and overall, to SLSNZ.

### Whangarei Heads Volunteer Surf lifesaving Patrol.

The Patrol headquarters are situated at the very end of the Whangarei Heads Road, above the Ranui Road carpark, and overlooking Ocean Beach.

Our patrolling season runs from Labour weekend (late October), until Easter( April). Approx 6 months over the summer.

We are volunteer based, and patrol the weekends, except for the professional guards who patrol during the week over the Christmas holiday period.

Our job is to determine the safe state of the beach/ surf conditions and ensure the safety of swimmers as they enjoy the beach environment.



### Our requirements for new members

We prefer intending members at the very least to have good swimming skills, preferably from a competition swimming background, but this is not essential, be reasonably fit, not afraid of exercise, be community minded, and have a love of the beach and all it's environment. The majority of our guards are keen sportspeople, surfers and swimmers. Age is no barrier, at present we have around 30 members ranging from 13 to North of 45, we hope to have younger members coming in through a program called Junior Surf, hopefully this upcoming season. Also, due to the responsible nature of our operation the patrol has written standards of behaviour which must be adhered to. All members are made aware of these as they use the Patrol premises and it's equipment.

### What you get out of it.

Fame and fortune, well not quite, the job we do is volunteer, so the pay's not the greatest!, but the personal rewards are huge. You get to meet real people, not the ones whose idea of a good weekend is mothballed in front of the telly, or spaced out on alcohol or dak. You get to spend your weekend at the best place you could possibly be, at the beach. Then we introduce you to a whole new way to enjoy that time. Surf swimming, where you get to learn a new meaning for body surfing, paddle boards and skis, tube rescue training, how to use the rips and currents for enjoyment and rescues, swimming around the rocks, first aid training through to basic ambulance level, (which includes CPR, oxygen delivery, and blood pressure taking). The training courses you will be expected to do with us, (which by the way are mostly NZQA standards) range from various levels of Emergency Care, Surf Lifeguard Award, and others through to Inflatable Rescue Boat Driving, and will all make your CV look really impressive.

You will have your patrol roster obligations, and they revolve around keeping the beach going public safe in the water, but when you're not on roster, the patrol HQ can be used for your own enjoyment.

You will also become part of a world wide network, and can always be sure of a place to stay when traveling, there are Surf lifesaving Clubs all over the world, and SLSNZ also runs an exchange program with USA clubs.

### How you join up.

To join the Patrol you will have to fill out a patrol membership application form. You will then be invited to come in and take part in our training, which also includes regular once weekly swim sessions, during the on season, at the Ted Elliot heated pools complex. In the patrolling season we run three patrols at the beach, with between 8-10 guards on each patrol, these guards have all attained their Surf Lifeguard Award. We will slot you in unofficially onto a particular patrol on an observer basis with these guards, for two months. We will then bring you up to speed with our operation, introduce you to Lifeguard skills, and monitor your progress. We will also ensure that you are not placed in any situation in the surf which may be dangerous to you. There will be a two way evaluation at the end of that two month period, if you are still interested, and the committee is happy with your ability to make a commitment to the patrol and the training, we will move you onto the roster, you can then become a financial member, and you can then start your progress into the numerous skills courses that we offer, and also take advantage of the Patrol headquarters accommodation, for overnight stays.



FULL NAME \_\_\_\_\_ PH (DAY \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ (AH) \_\_\_\_\_  
 \_\_\_\_\_ EMAIL \_\_\_\_\_  
 DATE OF BIRTH \_\_\_\_\_

EDUCATIONAL QUALIFICATIONS

SPORTS AND OTHER QUALIFICATIONS

WHY DO YOU WISH TO JOIN THE WHANGAREI HEADS PATROL?

ARE YOU WILLING TO TAKE PART IN PATROL ORGANISED TRAINING, ACTIVITIES, AND PATROL ROSTERS? YES \_\_\_ UNABLE TO \_\_\_  
 IF UNABLE TO, WHY?

DO YOU HAVE ANY ALLERGIES, OR MEDICAL COMPLAINTS WHICH THE PATROL SHOULD BE AWARE OF? EG, ASTHMA, OR HEART PROBLEMS .

THE PATROL HAS STANDARDS OF PERSONAL BEHAVIOUR, AND PATROL OBLIGATIONS (PROTOCOLS) WHICH ARE TO BE FOLLOWED, THESE CAN BE VIEWED IN THE PATROL OPERATIONS MANUAL HELD AT THE PATROL HQ.  
 BY SIGNING THIS DOCUMENT YOU INDICATE AGREEMENT TO ABIDE BY THE PATROL PROTOCOLS, AND TO THE PRIVACY ACT DETAILS AT THE BASE OF THIS PAGE.

THE PATROL RETAINS THE RIGHT TO DISMISS MEMBERS WHO FAIL TO FOLLOW PATROL PROTOCOL. DISMISSAL WILL BE IN WRITING.

I AGREE TO THE CONDITIONS OF MEMBERSHIP AS DETAILED,

SIGNED (NAME) \_\_\_\_\_ DATE \_\_\_\_\_

I consent to the collection of the above details by Whangarei Heads Surf Lifesaving Patrol Inc for the purpose of Patrol records, and for it to retain, use and disclose these to the Regional and National associations for the purpose of SLSNZ management, marketing and administration. I acknowledge my right to access and correction of this information. This consent is given in accordance with the Privacy Act 1993.